

# Cascades Mountaineers Club Outing

## Mount Washington, North Ridge Route

**Outing Coordinator:** Rod Jacobson

**Date:** Aug. 20, 2011 (Saturday)

**Start:** Patjens Lakes Trailhead (#3395) parking lot at 4700' elevation.

**Elevation Gain / (loss):** About 3100 feet net gain from the trailhead to the 7794' summit.

**Distance / Grade:** About 10 miles & 10 hrs. round trip. One pitch of roped rock climbing, unroped rock scrambling to and from the summit, and some rappelling.

**Time:** Meet at the parking lot for the Patjens Lakes Trailhead on the west side of Big Lake @ 6:30am. A Northwest Forest Pass parking permit might be required.

**Directions:** From Bend take Highway 20 northwest through Sisters to Santiam Pass and turn south on Rd. 2690 (Hoodoo turnoff) about 1 mile west of the summit marker. Drive about 4 miles to the Patjens Lake Trailhead parking lot, located at the west end of Big Lake (just N. of Big Lake West campground). Park at the trailhead parking lot or along the forest road. We will hike south through the campground to a trail leading around the south shore of Big Lake.

**Outing Description:** This will be a full day of hiking through forest and up a rocky ridge, climbing and rappelling steep rock, descending talus slopes, and hiking back through the forest. We hike along the south shore of Big Lake to intercept the PCNST, then follow it south to a climbers' trail. We follow this climbers' trail up the long north ridge to the "nose", a short, steep rock step (class 5.4) with some exposure to the east face, which we climb on belay. Above the nose we scramble on rock to the summit. We rappel the nose on the descent, scramble down talus slopes, and reconnect with the PCNST for the hike out. Depending on the speed of the team and the number of other teams we encounter this may be a long day. Estimated time from the trailhead to the summit is 5 hours. More detailed info on this climb will be sent to those who qualify to join the trip.

**Equipment/Clothing needs:** See the [Sample Equipment & Apparel Checklists](#) for single day mountain climbing outings. In addition to the hiking essentials and sturdy boots, carry: extra water, helmet, harness, 2 prusiks or an ascender, carabiners (1 locking and 2 extra), and a rappel device. The outing coordinator will provide group climbing gear including ropes, slings, and rock protection.

**Skills, Experience and Fitness Level Needed:** Participants are required to have basic rock climbing experience & be comfortable with climbing steep and exposed rock on belay and rappelling, and be physically prepared for the 10 mile hike and 3100' climb carrying a ~30 lb. pack.

**RSVP/Maximum Number of Participants & RSVP Requirements:** This trip is limited to 8 participants including the coordinator. An RSVP by no later than Aug. 18th is required.

**Contact for more information:** Rod Jacobson @ 541-318-1075 or [rodj@bendbroadband.com](mailto:rodj@bendbroadband.com)